

Sensational OT Tip of the Month

Disorganized Child

Do you know children that ...

1. Lose track of papers and materials?
2. Are the last to get started on a task?
3. Get “lost” during transitions from one activity to another?

These children are may have struggles with organizing the steps of an activity. Initiating and completing work are both more challenging than for others. For some children this is due to dyspraxia (motor organization). For others it may relate to attention and focus.

Sensational Ideas for a Disorganized Child

1. Visual schedules (written or pictures) to note when finished with one step and what is next step.
2. Expandable folders to keep all papers in one place that organized by color or labelled sections (purged periodically)
3. Pre-warning when time is almost up for the transition to the next task
4. Use of technology with calendars and reminders for assignments

Ask the occupational therapist at your school if you are interested in more information about organizational strategies.

Go to www.cintiOTinstitute.com/privateschools and scroll to the bottom left corner for more tip sheets.

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