

Squiggles and Giggles

Ages 4 - entering K

Utilizing a multisensory approach, this group will address the foundational skills needed in prewriting. The focus will be on developing skills such as prewriting strokes and shapes, with an introduction to capital letters and numbers in order to prepare children for Kindergarten handwriting. Through the use of both fine motor and gross motor activities, the group will also address grasp development, eye hand coordination, left/right discrimination, hand dominance, and posture. These are building blocks for writing. Follow up home activities will be given weekly.

Child: Adult ratio of 3:1 Cost \$390

~Twice Weekly~

**Tuesdays & Thursdays, 9:00 am - 10:30 am
July 5th - July 21st**

Scribble to Script

Entering 1st - 5th grades

This group is designed to provide handwriting enrichment and support for children struggling with the mechanics of writing such as correct letter formation, reversals, sizing, and placement on a writing line. Children will experiment with a variety of strategies to assist with handwriting including pencil grips, slant boards, and handwriting paper. Ideas for home will be provided at each session.

Child: Adult ratio of 3:1. Cost \$390

~Twice Weekly~

**Tuesdays & Thursdays, 11:30 am - 1:00 pm
July 5th - July 21st**



Registration

To register for any group use the QR code or call COTI with a \$100 deposit due by May 1st, 2022. Health insurance does not pay for groups. Payment in full is expected by the first group session. If necessary, a free 15 minute screening will be completed to ensure that the group is well suited to your child. If the group is not appropriate, space is not available, or the group is cancelled, your deposit will be refunded. If you have any questions, please call COTI at 513.791.5688.

THERE IS A 10% LATE FEE FOR THOSE WHO REGISTER AFTER MAY 1st.

Scan to Register!



4440 Carver Woods Drive
Cincinnati, Ohio 45242
513.791.5688
www.cintiOTinstitute.com



Summer Sensations 2022



OT Led Groups

COTI has several summer group offerings available. Our summer groups are designed and run by occupational therapists that have your child in mind. We help make developing new skills fun for everyone. Whether the group you choose is geared toward fine motor skills or social skills, your child will engage in activities with other children that will leave them smiling! We hope that you find something just right for your child.

Pirate's Ahoy!

Ages 5 - 6

A fun filled adventure on a pirate voyage designed to address social understanding, friendships, emotional expression, relaxation, social problem solving, and responding to bullying. Activities include music, games, drama, and movement. Weekly home programming will be provided.

Child: Adult ratio of 3:1

Cost \$390

Mondays, 9:00 am - 10:30 am

June 13th - July 25th (No group July 4th)

What am I Feeling?

Ages 7-10

This group will teach children how to use body signals from their interoceptive sense for self regulation development. Interoception is a sense that gives information about how our body is feeling at any given moment. Am I hot, cold, tired, hungry, relaxed, or tense? Through exploring different sensations, this group will work to improve body awareness and teach your child strategies to stay regulated during everyday activities! Weekly home programming will be provided.

Child: Adult ratio of 3:1

Cost \$390

Mondays, 11:30 am - 1:00 pm

June 13th - July 25th (No group July 4th)

~ For Parents ~

Interested in learning more about Interoception? Join us for a 1 hour informational session for parents and caregivers to learn more about the eighth sensory sense. Topics that will be covered include: an introduction to interoception, how interoceptive awareness influences self regulation, and mindfulness-based strategies for improving interoceptive awareness.

Cost \$10

Join us for one virtual session

April 4th, 7th, 11th or 21st

7:30-8:30pm

Get in the Game

Ages 7 - 10

This group is intended for children who may benefit from support in developing play skills with each other. Asking a friend to play, responding when a friend says 'no,' taking turns, learning to use appropriate strategies when winning (and losing) games, responding to others' behaviors, and recognizing non-verbal cues are just some of the skills which will be addressed in this group. A variety of activities will be presented to work on these skills including structured games and guided free play activities. Weekly home programming will be provided.

Child: Adult ratio of 3:1

Cost \$390

~Twice Weekly~

Tuesdays & Thursdays, 9:00 am - 10:30 am

June 14th - June 30th



Making Sense of Art

Ages 5 - 8

When making art, there is a rainbow of possibilities. This group will use art related activities to foster social interaction, promote cooperation, and develop fine motor skills. Young Picassos will explore various ways to interact with art materials in a multi-sensory environment. We will celebrate our unique creations and the steps that were completed along the way. Weekly home programming will be provided.

Child: Adult ratio of 3:1

Cost \$390

~Twice Weekly~

Tuesdays & Thursdays, 11:30 am - 1:00 pm

June 14th - June 30th