

Squiggles and Giggles

Ages 4 - entering K

Utilizing a multisensory approach, this group will address the foundational skills needed in prewriting. The focus will be on developing skills such as prewriting strokes and shapes, with an introduction to capital letters and numbers in order to prepare children for Kindergarten handwriting.

Through the use of both fine motor and gross motor activities, the group will also address grasp development, eye hand coordination, left/right discrimination, hand dominance, and posture. These are building blocks for writing. Follow-up home activities will be given weekly. Cost \$415

Thursdays, 9:00 am - 10:30 am
June 20th-August 1st (No group July 4th)

Scribble to Script

Entering 1st - 5th grades

This group is designed to provide handwriting enrichment and support for children struggling with the mechanics of writing such as correct letter formation, reversals, sizing, and placement on a writing line. Children will experiment with a variety of strategies to assist with handwriting including pencil grips, slant boards, and handwriting paper. Ideas for home will be provided at each session. Cost \$415

Thursdays, 11:30 am - 1:00 pm
June 20th-August 1st (No group July 4th)

Should It Be This Challenging?

Ages 11-13

Do executive functioning challenges have your child tied up in a knot? Do they leave activities unfinished and struggle to figure out why? Is there a disconnect between what they know and what they show? Join us as we introduce and explore a variety of tips, tricks, and tools to support your child as they go from "no way" to "no problem." We will focus on a different area of executive functioning each session such as organizational skills, time management, and flexibility. Strategies will be sent home, and focus will include how to generalize skills into the school environment for success. Cost \$415

~Twice Weekly~

Wednesdays and Fridays, 2:30 - 4:00 pm
June 12th - June 28th

Registration

To register for any group, use the QR code or call COTI with a \$100 deposit due by May 1st, 2024. Health insurance does not pay for groups. Payment in full is expected by the first group session. If necessary, a free 15-minute screening will be completed to ensure that the group is well suited to your child. If the group is not appropriate, space is not available, or the group is cancelled, your deposit will be refunded. If you have any questions, please call COTI at 513.791.5688.

THERE IS A 10% LATE FEE FOR THOSE WHO REGISTER AFTER MAY 1st.

Scan to Register!



4440 Carver Woods Drive Cincinnati, Ohio 45242
513.791.5688
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Summer Sensations

2024

OT Led Groups



COTI has several summer group offerings available. Our summer groups are designed and run by occupational therapists that have your child in mind. All groups have a 3:1 child to adult ratio. We help make developing new skills fun for everyone. Whether the group you choose is geared toward fine motor skills or social skills, your child will engage in activities with other children that will leave them smiling! We hope that you find something just right for your child.

Exploring the “I” in IEP

Ages 13-16

Are accommodations more than just a long word tucked deep in an IEP? What do they mean and what do they do? During these sessions, your child will explore what that means and the many ways in which accommodations can be utilized to support success in the academic environment. Group discussion, modeling, role playing, self-advocating, and exploring preferences, interests, needs, and strengths will be introduced as we recognize the importance of the Individual in the IEP.

*Group members should be on an IEP and be able to bring components for specific group sessions/discussions.

Cost \$415

~Twice Weekly~

Wednesdays and Fridays, 2:30pm - 4:00 pm, July 10th-July 26th

Pirate's Ahoy!

Ages 5 - 6

A fun filled adventure on a pirate voyage designed to address social understanding, friendships, emotional expression, relaxation, social problem solving, and responding to bullying. Activities include music, games, drama, and movement. Weekly home ideas will be provided. Cost \$415

Tuesdays, 9:00 am - 10:30 am

June 18th – July 23rd

What is My Body Telling Me?

An Investigation of Interoception

Ages 7-10

Interoception explores how our body responds and reacts even before our brain identifies that we are experiencing a specific emotion. In this group we will explore ways to check in with our body and understand what it is telling us about the environment around us. Fast beating heart, tingly skin, tightly shut eyes, fuzzy brain, full stomach...what do these clues mean and how do we use this information to correctly regulate our emotional responses? Weekly home ideas will be provided. Cost \$415

~Twice Weekly~

Wednesdays and Fridays, 11:30 am - 1:00 pm

June 12th - June 28th

I Made It Myself!

Ages 5 - 8

When making art, there is a rainbow of possibilities. This group will use art related activities to foster social interaction, promote cooperation, and develop fine motor skills. Young Picassos will explore various ways to interact with art materials in a multi-sensory environment. We will celebrate our unique creations and the steps that were completed along the way. Weekly home ideas will be provided. Cost \$415

~Twice Weekly~

Wednesdays and Fridays, 9:00 am – 10:30am

June 12th - June 28th

Get in the Game

Ages 6 - 10

This group is intended for children who may benefit from support in developing cooperative play skills. Asking a friend to play, responding when a friend says 'no,' taking turns, learning to use appropriate strategies when winning (and losing) games, responding to others' behaviors, and recognizing non-verbal cues are just some of the skills which will be addressed in this group. A variety of activities will be presented to work on these skills including structured games and guided free play activities. Weekly home ideas will be provided. Cost \$415

Ages: 6-8, Tuesdays, 11:30 am – 1:00 pm

June 18th – July 23rd

~Twice Weekly~

Ages: 8-10, Wednesdays and Fridays 9:00am-10:30am, July 10th-July 26th

Next Stop, Regulation Station

Ages 7-10

Sure, we want to feel “good” and “calm” but let’s be honest, we all experience a range of emotions, and emotional responses every day. In this group we will explore the variety of emotions that we all experience, identify ways to shift between emotions and develop an individual plan for how to navigate our emotions across the day. Our goal is to make “good” and “calm” an emotional destination we can always navigate to. Strategies and visuals will be developed and sent home to support the carryover of tips, tricks and tools introduced in the group. Cost \$415

~Twice Weekly~

Wednesdays and Fridays 11:30am-1:00pm, July 10th-July 26th