

Squiggles and Giggles

Ages 4 - entering K

Utilizing a multisensory approach, this group will address the foundational skills needed in prewriting. The focus will be on developing skills such as prewriting strokes and shapes, with an introduction to capital letters and numbers in order to prepare children for Kindergarten handwriting. Through the use of both fine motor and gross motor activities, the group will also address grasp development, eye hand coordination, left/right discrimination, hand dominance, and posture. These are building blocks for writing. Follow up home activities will be given weekly.

Child: Adult ratio of 3:1 Cost \$440

Wednesdays, 10:30 am - 12:00 pm
Weeks of June 15th - July 24th

Scribble to Script

Entering 1st - 5th grades

This group is designed to provide handwriting enrichment and support for children struggling with the mechanics of writing such as correct letter formation, reversals, sizing, and placement on a writing line. Children will experiment with a variety of strategies to assist with handwriting including pencil grips, slant boards, and handwriting paper. Ideas for home will be provided at each session.

Child: Adult ratio of 3:1. Cost \$440

Thursdays, 10:30 am - 12:00 pm
Weeks of June 15th - July 24th

Pirate's Ahoy

Ages 5 - 6

A fun-filled adventure on a pirate voyage designed to address social understanding, friendships, emotional expression, relaxation, social problem solving, and responding to bullying. Activities include music, games, drama, and movement. Weekly home ideas will be provided.

Child: Adult ratio of 3:1 Cost \$440

Tuesdays, 8:30 am - 10:00 am
Weeks of June 15th-July 28th (No group July 21st)

Registration

To register for any group use the QR code or call COTI with a \$100 deposit due by May 1st, 2026. Health insurance does not pay for groups. Payment in full is expected by the first group session. If necessary, a free 15 minute screening will be completed to ensure that the group is well suited to your child. If the group is not appropriate, space is not available, or the group is cancelled, your deposit will be refunded. If you have any questions, please call COTI at 513.791.5688.

THERE IS A 10% LATE FEE FOR THOSE WHO REGISTER AFTER MAY 1st.

Scan to Register!



4440 Carver Woods Drive, Cincinnati, Ohio 45242
513.791.5688
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Summer Sensations

2026



OT Led Groups



COTI has several summer group offerings available. Our summer groups are designed and run by occupational therapists that have your child in mind. All groups have a 3:1 child to adult ratio. We help make developing new skills fun for everyone. Whether the group you choose is geared toward fine motor skills or social skills, your child will engage in activities with other children that will leave them smiling! We hope that you find something just right for your child.

What is My Body Telling Me?

An Investigation of Interoception

Ages 7-10

Interoception explores how our body responds and reacts even before our brain identifies that we are experiencing a specific emotion. In this group we will explore ways to check in with our body and understand what it is telling us about the environment around us. Fast beating heart, tingly skin, tightly shut eyes, fuzzy brain, full stomach...what do these clues mean and how do we use this information to correctly regulate our emotional responses? Weekly home ideas will be provided.

Child: Adult ratio of 3:1.

Cost \$440

~Twice Weekly~

Tuesdays and Thursdays, 1:30 pm - 3:00 pm

Weeks of June 9th - June 25th

Next Stop, Regulation Station

Ages 7-10

Sure, we want to feel “good” and “calm” but let’s be honest, we all experience a range of emotions, and emotional responses every day. In this group we will explore the variety of emotions that we all experience, identify ways to shift between emotions and develop an individual plan for how to navigate our emotions across the day. Our goal is to make “good” and “calm” an emotional destination we can always navigate to. Strategies and visuals will be developed and sent home to support the carryover of tips, tricks and tools introduced in the group.

Child: Adult ratio of 3:1.

Cost \$440

Tuesdays, 11:00 am - 12:30 pm

Weeks of June 15th - July 28th (No group July 21st)

Should it be this Challenging?

Ages 11 - 13

Do executive functioning challenges have your child tied up in a knot? Do they leave activities unfinished and struggle to figure out why? Is there a disconnect between what they know and what they show? Join us as we introduce and explore a variety of tips, tricks and tools to support your child as they go from “no way” to “no problem.” We will focus on a different area of executive functioning each session such as organizational skills, time management, and flexibility. Strategies will be sent home, and focus will include how to generalize skills into the school environment for success.

Child: Adult ratio of 3:1.

Cost \$440

~Twice Weekly~

Tuesdays and Thursdays, 4:00 pm - 5:30 pm

Weeks of June 9th - June 25th

Get in the Game

Ages 6-10

This group is intended for children who may benefit from support in developing play skills with each other. Asking a friend to play, responding when a friend says 'no,' taking turns, learning to use appropriate strategies when winning (and losing) games, responding to others' behaviors, and recognizing non-verbal cues are just some of the skills which will be addressed in this group. A variety of activities will be presented to work on these skills including structured games and guided free play activities. Weekly home programming will be provided.

Child: Adult ratio of 3:1

Cost \$440

Ages 6-8: Mondays, 10:30 am - 12:00 pm

Weeks of June 15th - July 24th

~Twice Weekly~

Ages 8-10: Mondays and Wednesdays,

2:00 pm - 3:30 pm

Weeks of June 15th - July 1st